



**CHINA
BOOKS**

Update
April 2008

Traditional Chinese Medicine

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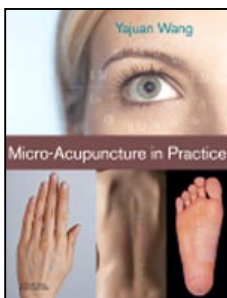
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Micro-Acupuncture in Practice

WANG Yajuan

Churchill Livingstone, paperback, 416pp, 170 illustrations, 2008, ISBN 9780443067327, \$85.00 (NZ: AU\$77.30)



This unique, comprehensive resource thoroughly discusses the various micro-acupuncture systems, the different styles of practice in use throughout the world, and applications for treating common disorders. It provides everything practitioners need to successfully treat over 50 common problems – from point locations, functions, and indications to detailed therapeutic guidelines. The book's readable, evidence-based approach, excellent

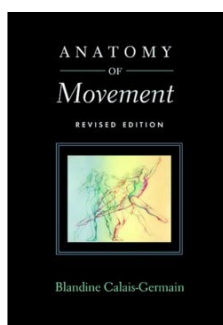
organization, detailed illustrations, comprehensive coverage of all micro-systems, and practical therapeutic treatments for commonly seen pathologies make it essential for anyone treating patients with acupuncture.

Features: ■ Detailed, clear illustrations & photographs show the location of acupuncture points & promote the understanding of each micro system's relationship to the body ■ Comprehensive coverage addresses all micro systems, including point locations & functions, providing a thorough review of systems and treatment needed for practice ■ Disease treatment strategies are included for over 50 common diseases, providing guidelines for treatment in an easy-to-use format that lists each disease alphabetically ■ The author's 20 years of clinical experience provides an expert, authoritative review of the clinical evidence ■ All information is based on current research, showing evidence for effective use of micro-acupuncture therapy.

Anatomy of Movement (Revised Edition)

CALAIS-GERMAIN Blandine

Eastland Press, Paperback, 316pp, 180 x 250mm, 1,122 illustrations, 2008, ISBN 9780939616572, \$60.00 (NZ: AU\$54.55)



Anatomy of Movement presents a dynamic, integrated approach to the study of the physical structures of the musculoskeletal system and their functional relationship to the movements of the human body.

In clear and concise text illustrated with more than a thousand graphic drawings, the author guides the reader on a lively tour of the muscles, bones, ligaments and joints of the arms, legs and trunk. The focus throughout the book is on anatomy not for its own sake, but in its functional relationship to the actual movements of the body in dance, exercise, and other physical disciplines.

In this newly-revised edition, a majority of the thousand-plus illustrations are new or have been modified by the author from the original edition. The text has also been updated, and the sequencing of the presentation of the musculoskeletal anatomy has been revised in part.

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Atlas of Acupuncture

FOCKS Claudia

Churchill Livingstone, Hardback, 432pp, 2200 illustration, ISBN 9780443100284, 2008, \$125.00 (NZ: AU\$113.65)



This excellently designed Atlas of Acupuncture is easy to access and provides clear information on the full range of acupuncture points and main channels in a systematic and clear way. Each of these points combine anatomical drawings and photographs of surface anatomy. This acupuncture atlas not only provides beginners with an overview of the most important acupuncture points, but experienced practitioners can also learn about

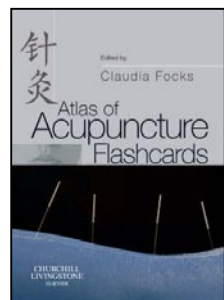
seldom used acupuncture points and thus extend their knowledge.

Features:

■ This full colour Atlas provides training and practicing medical acupuncturists with a clear overview of the most important acupuncture points. ■ Covers the full 360 acupuncture points ■ Attractive two-colour design ■ Highly illustrated: Combines anatomical drawings and photographs of surface anatomy to show what to consider in order to locate the point exactly on the body ■ Quick reference – all information necessary for each of the acupuncture points on one page, or double page for more important points

Atlas of Acupuncture Flashcard

ISBN 9780702029608, 360 illustration, 2008, \$95.00 (NZ: AU\$86.35)



This set of 360 two-colour cards is designed to allow students and practitioners to test themselves on the location of the 360 points of the 12 main meridians. The front of the card has a photograph of the point, while text on the reverse explains Location, Depth, Effect, and Characteristics. There is also space for Notes.

Pulse Diagnosis: A Clinical Guide

WALSH Sean & KING Emma

Churchill Livingstone, Hardback, 232pp, 2008, 60 illustrations, ISBN 9780443102486, \$125.00 (NZ: AU\$113.65)

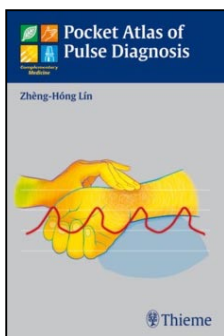


This innovative book, *Pulse Diagnosis: A Clinical Guide* is a practical NEW read. Written by contemporaries in the TCM field, *Walsh* and *King* are Lecturers and clinicians from Sydney who have specialized in the efficacy and reliability of pulse diagnosis. The main function of this text is to guide us towards a reliable method of pulse assessment by providing us with relevant and accessible information to support the application of pulse diagnosis in a contemporary setting. It establishes an evidence base for the validity and reliability of pulse diagnosis.

Pocket Atlas of Pulse Diagnosis

LIN Zhenghong

Thieme, Paperback, 213 illustrations, 180pp, 2007 ISBN 9783131440518, \$75.00 (NZ: AU\$68.20)



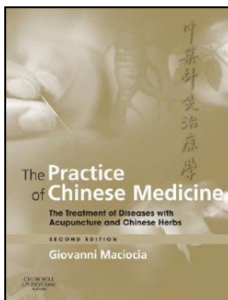
The *Pocket Atlas of Pulse Diagnosis* unravels the mystery of pulse diagnosis. Detailed explanations of the 28 individual pulses are presented, along with simple diagrams that vividly illustrate how the different pulses should "feel" under the fingers at each level of palpation. Useful comparisons of the different pulses are also included to aid the reader in understanding how to differentiate between the many types of pulses. There is a chapter that analyses the pulse manifestations of various common diseases, as well

as a chapter that discusses sections of Wang Shu-He's "The Pulse Canon" ("Mai Jing"). One cannot find a more rich presentation of pulse diagnosis in a pocket-sized atlas. All in all, this is a valuable and convenient learning tool for anyone seeking to be proficient in the art of pulse diagnosis.

The Practice of Chinese Medicine: The Treatment of Disease with Acupuncture & Chinese Herbs

MACIOCIA Giovanni

Churchill Livingstone, 2007, 2nd Edition, pp150, 250 x 195mm, 443 illustrations, ISBN 9780443074905 \$265.00 (NZ: AU\$240.90)

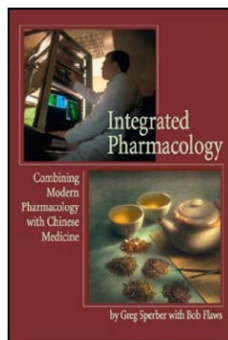


The new edition of this popular clinical text describes the application of traditional Chinese medical theory to the diagnosis and treatment of up to 48 diseases, conditions and disorders. In addition to the existing 34 covered in the first edition, 14 new conditions and symptoms have been added, and these include common, chronic and acute conditions which clinicians may see in their practice. Each chapter contains: aetiology and pathology, differential diagnosis according to TCM and a selection of treatments with acupuncture and herbs. Explanation of choices are made with case studies. A summary of Western differential diagnosis and discussion of prognosis and prevention are included for further illustration. This book again brings the enormous wealth of the author's experience, and his insights in applying TCM medicine to a Western context, to the support of all clinicians whatever their own range of experiences.

Integrated Pharmacology: Combining Modern Pharmacology with Chinese Medicine

SPERBER Greg Dr. with FLAWS Bob

Blue Poppy, Hardback, 220 x 285mm, 452pp, 2007, ISBN 9781891845413 \$149.95 (NZ:AU\$136.30)



At last, the book on Western drugs that OM students and practitioners have been waiting for. *Integrated Pharmacology: Combining Modern Pharmacology with Chinese Medicine*, by Dr Greg Sperber, gives you basic information about each common class of Western pharmaceuticals. For each category of drug, Dr Sperber gives us the generic names, pronunciation, and registered proprietary versions, an explanation of function, mechanism of action, dosages for adults, children, and the elderly, possible

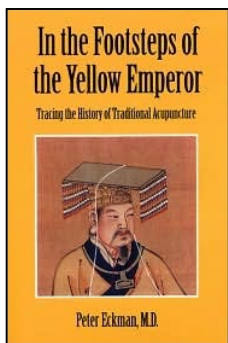
adverse affects, red flags, and the most up-to-the-minute information on specific drug-drug and drug-herb interactions that may affect your patients. Additionally, the book includes:

- Commentary by Bob Flaws on a three-part system for evaluating Western meds using Chinese medical principles and a Chinese medical analysis of each class of drugs using this three-part system.
- Over 130 illustrations showing the functions and mechanisms of each type of drug
- Page-by-page glossary of potentially difficult terms throughout the book
- A user-friendly design that helps you quickly find the information you need .

In the Footsteps of the Yellow**Emperor: Tracing the History of Traditional Acupuncture**

ECKMAN Peter

Long River Press, Paperback, 248pp, 229 x 152mm, 2007, ISBN 9781592650743, \$41.95(NZ: AU\$38.15)



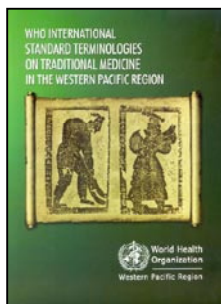
Acupuncture now enjoys immense popularity as a major form of alternative healing in the West. Once considered mysterious and exotic, acupuncture dates from before the first century BC and the *Huang Di Nei Jing* (The Yellow Emperor's Internal Classic), one of ancient China's earliest philosophical and medicinal texts. What makes it so popular today? How did the traditions of acupuncture evolve, migrate, and adapt to different societies worldwide?

Originally published in 1996 to great acclaim, this updated paperback edition of *In the Footsteps of the Yellow Emperor* offers a fascinating and highly readable account of one doctor's personal and professional quest to explore the healing traditions of Asia, its rich historical lineage, and its subsequent transmission to contemporary Europe and North America. It is a must-have book in the healing arts for all practitioners and general-interest readers.

**Practitioner/ Student
Discount Applies!!**

WHO International Standard Terminologies on Traditional Medicine in the Western Pacific Region

WHO, Paperback, 260 x 200mm, 356pp, 2007, SBN 9789290612483 \$29.95 (NZ: AU\$27.25)



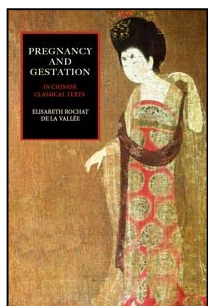
This book has been prepared in an effort to address the pressing need for a common language, i.e. international standard terminology and technical terms to be used in traditional medicine. The number of commonly used terms in traditional medicine is estimated to be more than 4000, most of which are included in this book, which is designed for use by students and clinical practitioners and researchers in the Western Pacific Region.

It seeks to establish standardized translations of traditional Chinese terminology (for the purposes of this book, traditional as opposed to simplified Chinese characters are used) and offers translations in both directions.

Pregnancy and Gestation

Elisabeth Rochat de la Vallée

Monkey Press, 197 x 130mm, 150pp, Paperback, 2008
ISBN 978187246838 \$39.95 (NZ: AU\$36.30)



This new book by Elisabeth Rochat de la Vallée presents the various transformations which occur within the mother and developing baby during pregnancy. Beginning with Suwen chapter 1, which describes the unfolding of female fertility, Elisabeth then looks at descriptions of the pulses during pregnancy.

A month-by-month description of pregnancy is given drawing specifically on the Zhubing Yuanhou Lun, the Mawangdui Manuscript and Sun

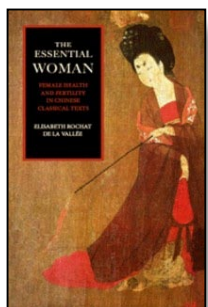
Simiao. Two later texts, the Qipolun and the Luxingjing, are particularly interesting because they present alternative and more unusual images of the developing fetus, and speak of the presence of the spirits (hun, po and shen) in the fetus.

These ancient teachings are still valuable today for our understanding of the transformations of blood and qi which take place during the ten months of a pregnancy. The material will be of great help to those working with pregnant woman or simply interested in the process of pregnancy. Together with its companion volume, *The Essential Woman*, Elisabeth Rochat has given us two indispensable guides to the classical Chinese perception of women's health and fertility.

The Essential Woman: Female Health and Fertility in Chinese Classical Texts

Elisabeth Rochat de la Vallée

Monkey Press, 197 x 130mm, 145pp, Paperback, 2007
ISBN 9781872468334 \$39.95 (NZ: AU\$36.30)

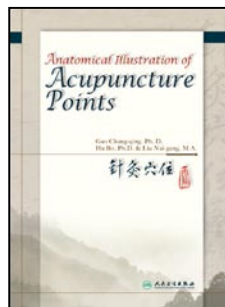


An understanding of women's health is essential to modern Chinese medical practice, yet it has rarely been studied from the classics. In this unique book Elisabeth Rochat draws on a range of Chinese texts both well-known and more obscure. Beginning with the balance of blood and qi she moves on to examine the different roles played by the zang fu and extraordinary meridians in creating and maintaining femininity and fertility.

Illustration of Acupuncture Point

GUO Changqing

PMPH, Hardback, 568pp, 182 x 257mm, 2008, ISBN 9787117089906, \$150.00 (NZ: AU\$136.35)



This work is an essential clinical and academic guide to mastering the art of acupuncture point location. It is a compilation drawn from the experience of distinguished traditional Chinese medical doctors, including Professor Guo Chang-qing, Dr. Liu Nai-Gang, Dr. Hu Bo, and many others. It features detailed descriptions of all the acupuncture points along the channels and vessels as well as 65 important extra points. Each point has a complete

description of point locations and includes for each the indications, actions, clinical combinations, and meaning. This work also includes the relevant needling and moxibustion techniques for each point, information that is complemented by over 1315 expert graphic illustrations with anatomical cross sections to highlight the correct depth and direction of insertion and juxtaposition of anatomical features.

An Illustrated Atlas of Commonly Used Chinese Materia Medica

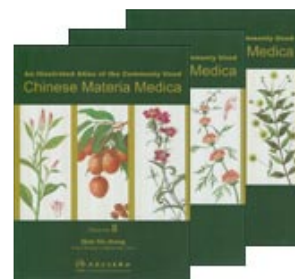
QIAN Xin-zhong

PMPH, Hardback in slipcover, 182 x 257mm, 2008, ISBN 9787117097987, \$700.00 for set of 3 (NZ: AU\$636.35)

Vol 1: ISBN 9787117092579 \$285.00 (NZ: AU\$259.10)

Vol 2: ISBN 9787117092654 \$285.00 (NZ: AU\$259.10)

Vol 3: ISBN 9787117092647 \$285.00 (NZ: AU\$259.10)



This beautiful collector's set combines full-color plates of 555 Chinese medicinals with detailed scientific descriptions of the medicinal's source plant, mineral or animal. The paintings are truly stunning, and accompanied by clear and thorough descriptions of zhong yao, or commonly used Chinese medicinals, translated by expert faculty from the Pharmacology section of the Beijing University of Traditional Chinese

Medicine.

The medicinals are categorized according to the part of the plant primarily used medically. A description of each medicinal covers the source for the medicinal, its area of cultivation or wildcrafting, preparation, chemical constituents, pharmacological actions, Chinese medicinal properties, actions and indication as well as suggested dosages. This valuable information is accompanied by color plates illustrating the main and alternate species used for each medicinal.

Volume I contains 142 entries of Chinese medicinals used for their roots and rhizomes.



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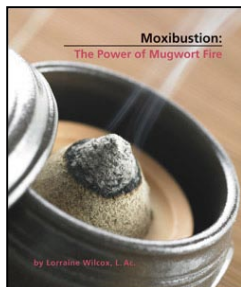
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Forthcoming Titles

Moxibustion: The Power of Mugwort Fire

WILCOX Lorraine

Blue Poppy, Hardback, 220 x 285mm, 284pp, 2008,
ISBN 9781891845468 \$59.95 (NZ:AU\$54.50)



For the first time in English, this new book by Lorraine Wilcox covers in detail what the classic Chinese medical literature says about the use of moxibustion and how to apply this information in your clinic.

Features:

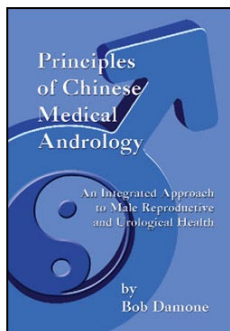
- A complete history of the use of moxibustion in China from the Han dynasty (200 BCE) through modern times.
- Practical protocols using many types and styles of moxibustion based on the writings of Yang Jizhou (*The Great Compendium of Acupuncture Moxibustion*), Zhang Jiebin (*Illustrated Supplement to the Categorized Classic*), and Li Shizhen (*The Great Pharmacopeia*)
- Detailed information about the source materials used for this book along with passages in Chinese in every chapter as relevant.
- General guidelines and techniques for the use of moxibustion as well as special point locations and usages
- Treatment protocols for a wide range of conditions with case studies from classic sources
- Moxibustion, astrology, and divination
- How to deal with moxa sores according to the classic literature

[Due in stock May 2008]

Principles of Chinese Medical Andrology

DAMONE Bob

Blue Poppy Press, Paperback, 430pp, 2008, ISBN
9781891845451 \$79.95 (NZ:AU\$72.70)



Principles of Chinese Medical Andrology is an advanced textbook and a clinical manual of Chinese andrology. Chinese andrology is a specialty within Chinese medicine and is usually practiced by modern Chinese doctors who with few exceptions practice integrated Chinese-Western medicine (zhong xi yi jie he). Whereas there is a reasonably-sized body of professional andrology literature in Chinese, this text represents the first comprehensive English language Chinese andrology text to date.

Section 1 introduces the foundations of Chinese andrology and includes all of the following:

- The history of andrology in Chinese medicine
- Anatomy of the male genitourinary system
- The channels and network vessels in andrology
- The viscera and bowels in andrology
- Andrological disease causes and pathomechanisms
- Chinese andrological diseases
- General treatment principles in andrology

Section 2 covers specific andrological diseases including:

- Scrotal and penile diseases
- Benign prostatic hyperplasia
- Prostatitis
- Erectile dysfunction
- Male infertility
- Peyronie's disease
- Priapism
- Andropause

[Due in stock May 2008]

Notable TCM Journals Available from CHINA BOOKS



The Journal of Chinese Medicine is the foremost English-language publication devoted to the whole field of Chinese medicine. Published three times a year, usually in February, June and October, the JCM is a must for the practitioner or student wishing to keep tabs on new developments in traditional Chinese medicine.

ONE-YEAR SUBSCRIPTION (3 issues)

AU\$95.00 (including postage)

AU\$92.00 (including postage to NZ)

Back Issues: AU\$31.50 each (including postage)

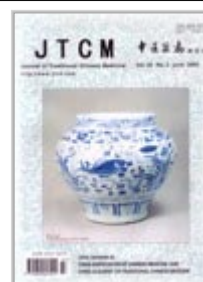
AU\$28.65 each (including postage to NZ)



Journal of Chinese Medicine: CD-ROM (1979-2007)

INDIVIDUAL: \$350.00 (NZ: AU\$318.00)

Suitable for Windows or Macintosh formats All documents are in PDF (portable document format) and the CD-ROM comes with Acrobat Reader. This means that on any computer you can view or print the entire back content of *The Journal of Chinese Medicine* since 1979 in searchable and printable form.



The Journal of Traditional Chinese Medicine (English edition), established in 1981, is sponsored by the China Association of Traditional Chinese Medicine and Pharmacy, and China Academy of Traditional Chinese Medicine.

The Journal contributes enormously to the development of traditional Chinese medicine and to the international exchange of TCM information and research. It is published quarterly (in March, June, September and December). Papers by outstanding clinicians, acupuncturists and researchers provide the latest information on the development of this discipline. *JTCM* is indispensable reading for clinical practitioners and others interested in basic medicine research.

ONE-YEAR SUBSCRIPTION (4 issues)

AU\$134.75 including postage

AU\$125.00 (including postage to NZ)