

Dr. Kevin Ryan

Kevin Ryan is an AHPRA registered acupuncturist and osteopath practicing in Geelong and Melbourne. He is in his 42nd year of full-time practice.

He was fortunate to study with the now world-famous Geelong

osteopath Thomas Ambrose Bowen (1916 – 1982). Kevin has previously taught these gentle and effective techniques for 10 years to final year osteopathy students at RMIT University. He has also taught final year osteopathy students at Victoria University.

He has particular interests in the treatment of musculoskeletal dysfunction, pain and neurological conditions, compromised fertility, mood disorders inflammatory arthritis and endocrine disorders. Kevin has been a speaker and presenter at previous AACMA and WFAS conferences.



Registration Form

I WISH TO ENROL IN:

	Bowen Techniques (Module 1): Sundays 17th & 24th June 2018 (Melbourne)	
	Bowen Techniques (Module 1): 27th - 28th July 2018 (Sydney)	
	Bowen and Dao Ma Techniques (Module 2): 11th - 12th August 2018 (Melbourne)	
Melbourne Venue: China Books Workshop Space, Level 2, 234 Swanston Street, Melbourne, VIC 3000 Sydney Venue: Sydney Institute of Traditional Chinese Medicine, 25 Dixon Street, Sydney 2000 Times: 9:30am - 5:30pm CPD: 13 Points (each)		
COUF	RSE FEES (PER WORKSHOP)	
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the seminar will be refunded less 20%. We regret that refunds are

not otherwise possible.



Bowen Techniques

for TCM & Shiatsu Practitioners

Dr. Kevin Ryan

2 DAY WORKSHOPS

Module 1:

MELBOURNE: 17th and 24th June 2018

SYDNEY: 27th - 28th July 2018

Module 2:

MELBOURNE: 11th - 12th August 2018

CHINA BOOKS

Level 2, 234 Swanston St Melbourne, VIC 3000 Ph: (03) 9663 8822 info@chinabooks.com.au

CHINA BOOKS SYDNEY

Shop F7, Level One Citymark Building, 683-689 George St, Sydney NSW 2000 Ph: (02) 9280 1885

www.chinabooks.com.au info@chinabookssydney.com.au

This two-day, hands-on workshop with Kevin Ryan (renowned Bowen Technique lecturer, osteopath and acupuncture practitioner) has been structured specifically for Chinese Medicine and Shiatsu practitioners. It is particularly suitable for Acupuncturists and those who have some experience with body work techniques such as Tui na, Shiatsu or myofascial release.

The gentle and powerful techniques, developed by Tom Bowen during his 35 years of practice, rely for their effect on the stimulus produced when specific contact points, that you will know as acupuncture points, are used with a cross-fibre stretch or slow motion flick.

Kevin's interest in acupuncture has enabled him to draw out this aspect of the Bowen work. This unique approach to muscular skeletal presentations with an emphasis on examination through observation, palpation and motion testing a simple technique will be taught for measuring the holistic changes that follow treatment.

Module 1

Bowen Techniques (Foundations)

- The history of the development of the group of techniques
- Introduction to the combination of easy to learn observation and palpation skills that will enhance your understanding of the patient's presentation
- The importance of assessing motion restrictions and alteration of muscle tone and the impact on posture
- The application of these techniques to a wide range of conditions involving pain and restricted motion of joints including the back and neck, shoulders, hips and knees and small joints
- The use of these techniques in chronic conditions
- Introduction to visceral applications
- Detailed attention is paid to the integration of the examination process and the choice and application of the techniques
- The incorporating of the techniques into an acupuncture, tui na or shiatsu session



Module 2

Bowen and Dao Ma Techniques

This is a two-day hands-on, follow-up work-shop.

This workshop develops the Foundation work through the refinement of the techniques through an emphasis on using the examination protocols of observation, palpation and motion testing to individualize the techniques applied to each patient.

Day one will expand and explore more deeply, the gentle techniques developed by the late Tom Bowen. Your body work skills will be polished and enable a more confident approach when using the techniques to correct the patient's structural and functional balance.

The second day of the workshop will be devoted to teaching Kevin's own technique, Dao Ma (Coupled Point) Posture technique. This approach uses light contact on two or more acupuncture points that connect with the body part being treated. At the same time a combination of guided motion and the breath brings about improved function in the joints or soft tissues affected. The two techniques are compatible with each other and with needling, Tui na and Shiatsu

"Kevin Ryan is a brilliant practitioner with a wealth of knowledge in Bowen, TCM, Osteopathy and Naturopathy. I recently attended his two day course workshop on Bowen Techniques and have since been practicing the techniques in clinic with impressive results. This course provides gentle manual techniques that can be assimilated into any practice"

- N. Conte (Acupuncturist)