

Registration Form

I WISH TO ENROL IN:

- MELBOURNE: 15th - 17th February 2019
Venue: Centre of Adult Education (CAE)
Level 4, 253 Flinders Lane,
Melbourne VIC 3000
Times: 9.00am - 5.00pm

EARLY BIRD SPECIAL*

- Professional Association Member \$745
- Full Rate: \$795
- Student (Full time - undergraduate): \$645

REGULAR PRICE

- Professional Assoc. Member Rate: \$845
- Full Rate: \$895
- Student (Full time - undergraduate): \$745

- Student No.:
- Prof. Association No.:

PERSONAL DETAILS

- SURNAME:
- FIRST NAME:
- ADDRESS:
-
-
- PHONE:
- EMAIL:

PAYMENT METHOD

Credit Card: VISA or MASTERCARD

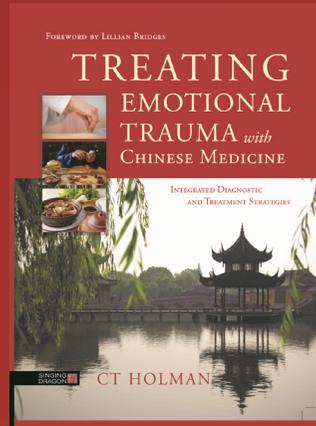
Expiry: /

Amount payable: \$

Name on card:

Signature:

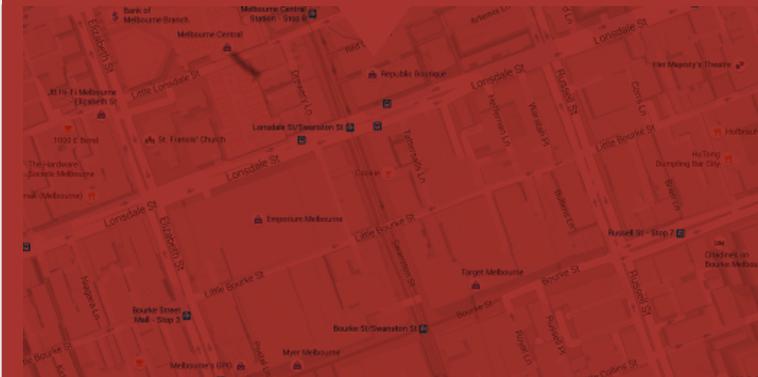
* EARLY BIRD: FULL PAYMENT IS REQUIRED 4 WEEKS PRIOR
* CANCELLATIONS UP TO 7 DAYS PRIOR TO THE SEMINAR WILL BE



Author of highly acclaimed
*'Treating Emotional Trauma with
Chinese Medicine'*

Contact Us

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Treating Emotional Trauma with Chinese Medicine



Presented by
CT Holman

3 DAY SEMINAR
MELBOURNE: 15TH - 17TH FEBRUARY 2019
19.5 CPD POINTS

Emotional Trauma

Everyone experiences emotional trauma at some point in their life, whether *in utero*, at birth, in childhood, in adolescence or in adulthood. Trauma can be caused by a car accident, emotional upheaval, natural disaster, medical complication, childbirth, physical and emotional assault, death and many other life events.

This course aims to provide a detailed understanding of emotional trauma etiology. Learn to become proficient in the multiple diagnostic methods to successfully identify how trauma has affected an individual.

Learn the skills to effectively treat emotional trauma with the multiple modalities of Chinese medicine and be well versed in self care techniques to transform past trauma and prevent the impact of future trauma.

What You Will Learn

DAY ONE – TREATING THE OVERALL DISRUPTION OF THE BODY SYSTEMS

- The etiology of emotional trauma and the effect on physiology according to Chinese medicine.
- Understand the general diagnostic signs of trauma and how to re-set the overall physiology of the body.
- Detailed explanation of the theory behind the Gathering the Qi Treatment and a treatment demonstration.

Day one continued...

- How to address an emotional trauma trapped in the body, a demonstration of the Soothing the Trauma Memory Treatment
- The role of the five spirits (*Zhi, Hun, Shen, Yi, and Po*) in emotional trauma.
- Explore the multiple diagnostic methods to determine how an individual has been affected by emotional trauma: Five Element Diagnosis, Facial Diagnosis, Channel Palpation, Pulse and Tongue Diagnosis; and Spirit level Diagnosis

DAY TWO – TREATING THE INDIVIDUAL MANIFESTATIONS OF TRAPPED TRAUMA

- Differentiate the various manifestations of emotional trauma: fear, anger, depression, anxiety, worry and grief.
- Discuss strategies to address sensory organ impairment due to emotional trauma.
- Demonstrate cupping and bloodletting techniques to treat trauma.
- Utilising nutrition and sleep hygiene to balance the emotions and bolster the five elements.
- Compare and contrast the Western medical approach to trauma.

DAY THREE – PREVENTING THE IMPACT OF FUTURE TRAUMA

- Determine the trauma cycle and faulty belief systems.
- Lifestyle and dietary changes to prevent the impact of future trauma.
- Inherited trauma and how to address it with channel theory.
- Case studies displaying the co-ordination of the many facets of diagnosing and treating trauma.

About CT Holman

CT Holman practices Chinese medicine in Salem, Oregon. His full-time clinic was founded in 2001.



He teaches courses internationally, operates a mentorship program, and is the Director of Development for the Lotus Institute of Lillian Pearl Bridges.

He studied in China and has extensive post-graduate education with several leading teachers in the field.

CT has taught in Sweden, Germany, Mexico, Denmark, and the US. He trains masters and doctoral students as an off-site supervisor of the Oregon College of Oriental Medicine and has been published in the Journal of Chinese Medicine.