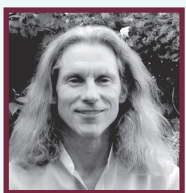




Dan Bensky, DO

Dan has a long term interest in Chinese and Chinese medicine, having obtained a diploma in Chinese medicine from the Macau Institute of Chinese Medicine in 1975, a Masters in Classical Chinese from

The University of Washington in 1996, and a Doctorate in the Discussion of Cold Damage from the China Academy of Chinese Medical Sciences in 2006. He also graduated with a Doctor of Osteopathy from Michigan State University College of Osteopathic Medicine in 1982, where he was a research assistant for John Upledger. He has studied with many notable osteopathic practitioners, including Robert Fulford and Jean-Pierre Barral. In addition to teaching for both professions, he has been working on utilizing the connections between osteopathy and East Asian medicine for over thirty years. He is currently a medical editor at Eastland Press and has a private practice in Seattle. Dan is author of 'Chinese Herbal Medicine : Materia Medica' & 'Chinese Herbal Medicine : Formulas & Strategies'.



Charles (Chip) Chace, LAc

As a student of Chinese medicine and palpation based forms of acupuncture for more than twenty years, Chip is uniquely positioned to teach a class such as this. He has maintained a longstanding interest in

the medical literature of China and is the translator of a wide variety of books and articles on premodern approaches to acupuncture and Chinese medicine including a translation of the first textbook of acupuncture from 100 C.E., *The Yellow Emperor's Systematic Classic of Acupuncture and Moxibustion* (Huang Di Zhen Jiu Jia Yi Jing), and *Li Shizhen's Qi Jing Ba Mai Kao*, the seminal text on the extraordinary vessels. He is also long time student of a wide range of palpation-based forms of practice in both the acupuncture and osteopathic traditions. Chip has practiced acupuncture for over twenty-five years and is on the faculty of the Seattle Institute of Oriental Medicine where he teaches palpatory approaches to acupuncture. He maintains a clinical practice in Boulder, Colorado.

VENUE SYDNEY:

University of Technology (UTS)

COST:

Early Bird (4 weeks prior to the seminar)

- **\$445 per weekend**

AACMA/ATMS/ANTA member
(\$85 discount if paid in advance)

- **\$300 Full time student**

proof required upon payment

Regular

- **\$495 per weekend**

Refund Policy: a 20% cancellation fee applies. Cancellations less than 7 days prior to nominated seminar dates are non-refundable.

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Engaging Vitality



Dan Bensky Marguerite Dinkins Chip Chace

A Palpation Workshop for Effectively Working with Qi in the Clinic

with

Dan Bensky
Marguerite Dinkins
Chip Chace

Sydney: 18-19 Jan, 22-23 Feb & 12-13 Apr 2014

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A Palpation Workshop for Effectively Working with Qi in the Clinic

Qi in Clinical Practice:

Efficacy in acupuncture is grounded in a therapeutic engagement with qi. Doing this well requires not only carefully listening to patients with our ears, but also with our hands.

Although pulse and abdominal diagnosis are hallmarks of manual diagnosis in East Asian medicine, they represent just a fraction of the information available. This three-weekend training will enhance your ability to more directly perceive and make use of qi in your practice.



How Is This Program Applicable To Your Practice?

Using the palpatory sensibilities and vocabulary of osteopathy, participants will be introduced to tangible palpatory referents for different aspects of qi, including:

- **How to feel the location of core restrictions**
- **How to use variations in temperature to gain general and specific information**
- **How to directly feel which points are most available for treatment and their precise locations**
- **Directly assessing the flow in each channel**
- **How to feel whether your treatments have produced a clinically meaningful change**
- **How to use of the principle of effortless action (wu wei) in your practice.**

MODULE DATES:

• **January 18-19, 2014**

Introduction to Qi Palpation in the Practice of Acupuncture

- **Marguerite Dinkins, LAc**

• **February 22-23, 2014**

Intermediate techniques in Qi Palpation in the Practice of Acupuncture

- **Dan Bensky, DO**

• **April 12-13, 2014**

Fluid Dynamics and the Use of the Extraordinary Vessels in the Practice of Acupuncture

- **Charles Chace, LAc**



Techniques such as these allow us to respond more fluidly to the requirements of our patients' qi in a true dialogue. They are primarily diagnostic in nature and are readily integrated with nearly any style of acupuncture. They provide a means for the fundamental concepts of East Asian medicine to come to life in our hands.

Related Publications:

Axis of Efficacy: Part I

(www.charleschace.com/pdfs/Axis_of_Efficacy_Part-1.pdf)

Axis of Efficacy: Part II

(www.charleschace.com/pdfs/Axis_of_Efficacy_Part-2.pdf)

How Is The Program Organised?

This program has evolved over the years and is now offered as a three-module format. This allows for depth of learning, ample time to work on gaining competence with the various skills and integration into clinical practice. To afford ample hands on practice with direct supervision, Marguerite, Dan or Chip, will serve as a secondary assistant at each module.

Participants will learn the basics of this palpation approach in the first two weekends. In the third weekend, Chip will demonstrate how these diagnostic aids can deepen our understanding and improve our ability to use the extraordinary vessels.

Instructor Biographies:



Marguerite Dinkins, MAcOM, EAMP, LAc

Marguerite has been a student of acupuncture and palpation since 1997, when she began her studies at the Seattle Institute of Oriental Medicine. Since that time, she has continued to study palpation with Dan Bensky and Charles Chace, and for many years has assisted them both in teaching palpation in the practice of acupuncture. She has also completed three years of osteopathic training at the Canadian College of Osteopathy in Vancouver. For the past 8 years, Marguerite has been instrumental in making palpation a central part of the clinical experience at the Seattle Institute of Oriental Medicine. In addition to her extensive clinical experience, Marguerite has a unique ability to understand the specific needs of her students, especially those grappling with the early challenges of developing palpatory awareness. Marguerite has maintained an active private practice since her graduation from SIOM in 2000.