About Dr. Alex

Dr Alexander Joannou MBBS (Hons) FACNEM, practice principal of Northside Health a nine doctor medical centre, has learned a lot about the human psyche in his 40 years medical career.



Following additional training in nutritional and environmental medicine, counselling and cognitive behaviour therapy, Dr Alex has witnessed firsthand the complex interrelationship between the mind, body and spirit.

Dr Alex has developed a system, Transformational Acupuncture, that has been demonstrated to help people with depression, anxiety and stress.

Dr Alex, a conjoint lecturer with UNSW and an RACGP accredited supervisor, has been training medical students, international medical graduates and General Practice Registrars for 20 years. He now brings his teaching skills to acupuncturists in training them in Transformational Acupuncture. Dr Alex is passionate about teaching practitioners to gain optimal results with their clients and presents the workshops in an interactive and experiential way.

Dr Alex is author of "Transformational Acupuncture: A drug-free solution for Depression", due for publication 2018.

Registration Form

I WISH TO ENROL IN:

MELBOURNE: 17th - 18th March 2018 China Books Workshop Space Level 2, 234 Swanston Street Melbourne VIC 3000
Times: 9:30am - 5:30pm CPD: 13 Points
COURSE FEES
EARLY BIRD* REGULAR Prof. Assoc. Member
Student No.: Prof. Association No.:
PERSONAL DETAILS
SURNAME:
PHONE:
PAYMENT METHOD
Credit Card: VISA or MASTERCARD Expiry: Mame on card: Signature: or Cheque (made payable to CHINA BOOKS P/L)
* CANCELLATIONS: Registrations cancelled up to one week prior to the seminar will be refunded less 20%. We regret that

refunds are not otherwise possible.



Transformational Acupuncture:

Treating Depression and Anxiety with Acupuncture

Dr. Alexander Joannou

2 DAY WORKSHOP Melbourne: 17th - 18th March 2018

CHINA BOOKS

Level 2, 234 Swanston St Melbourne, VIC 3000 Ph: (03) 9663 8822 info@chinabooks.com.au www.chinabooks.com.au /chinabooksau



Mental illness is the number one medical problem of this day and age. Research shows that over one million Australians suffer with depression and a further two million with anxiety.

This is a very practical 2 day workshop where practitioners will learn 'Transformational Acupuncture: Treating Depression and Anxiety with Acupuncture' with Dr. Alexander Joannou.

This is an easy to learn system which can be assimilated into your current practice with ease. It doesn't require you to learn a lot of new points but instead teaches you powerful needle combinations that Dr.Joannou has developed with quick and brilliant results!

Course Details

Introductory - Level 1

During this level 1 training you will learn to:

- Safely improve symptoms of depression and anxiety in patients with clinically diagnosed Major Depression, Generalised Anxiety disorder, Panic Disorder and Post Traumatic Stress Disorder using Transformational Acupuncture
- Safely integrate acupuncture treatment into the medical framework and learn to communicate effectively with GP's
- Increase the number of referred patients from doctors and psychologists
- Learn how to assess the severity of mental health conditions, understand the classes of medications currently used as treatment and learn to identify red flags and know the referral pathways in that situation
- Understand how Transformational Acupuncture differs from Traditional Chinese Medicine and identify the most effective method to treat presenting conditions
- Expand your acupuncture skills, learning the power of needle point combinations Dr Alex has developed
- Practitioners will be giving and receiving treatments throughout this workshop

"Dr Alex is a dedicated teacher with a unique combination of over 35 years knowledge and practice as a family physician, including a 14 year history of training medical doctors, and 20 years knowledge and practice as an acupuncturist.

I fully endorse him to teach Esoteric Acupuncture to raise the consciousness of the planet."

- Dr Mikio Sankey PhD Lac Author of Esoteric Acupuncture (7 volumes)

"Dr. Alex Joannou is a healer of healers. His brilliant mind and compassionate heart has bridged his medical training with an extraordinary acupuncture application. The result is called Transformational Acupuncture.

I have experienced Dr. Alex and Transformational Acupuncture 'up close and personal,' and his healing work is a powerful catalyst for transforming the way symptoms, stress, and disease are viewed and treated.

If you're looking to launch your practice to a whole new level of effectiveness as well as fun, then I highly recommend you signing up for the next Transformational Acupuncture course."

- Dr. Darren Weissman Best Selling Author and Developer of 'The LifeLine Technique'