

## Course Instructor - Paul Movsessian

After graduation Paul moved from Australia to the USA to further his studies. His interest was in the Japanese style of acupuncture where he trained under Stephen Birch and Junko Ida, learning the treatment techniques of Dr. Manaka and Meridian Therapy. He also studied with Kiiko Matsumoto, and was exposed to a wide variety of styles taught in Japan. From 1989 until 1996 he maintained a busy practice, lectured and undertook constant post-graduate studies. His training included the study of Dr. Shen's pulse methods under Dr. Leon Hammer, Sôtai and Shiatsu from Kikuko Zutrau Miyazaki, as well as exposure to many visiting meridian therapists. He has continued his training in the Toyohari system of Meridian Therapy in Japan and Europe under the guidance of such teachers as Akihiro Takai, Shuho Taniuchi, Koryo Nakada, Shozo Takahashi, and Toshio Yanagishita. Paul was encouraged by Stephen Birch, that on his return to Australia he should continue teaching the material he so generously gave, hoping that Japanese style acupuncture could begin to receive exposure and acceptance there. Currently, Paul has been managing a successful clinic in the Blue Mountains and lecturing extensively to introduce the Japanese styles to practitioners in Australia. He has established a post-graduate certificate course in Dr. Manaka's protocols, in collaboration with Stephen Birch and Junko Ida, as well as setting up the Toyohari model and teaching it throughout Australia and NZ. He is the past President and current Academic Dean of the Australasian Toyohari Branch, a Registered Academic Practitioner and a qualified teacher with the Toyohari Association of Japan. The seminars have given practitioners many new treatment strategies and skills to integrate within their practice and produce powerful clinical results.

## DATES:

|                |                        |
|----------------|------------------------|
| Weekend One:   | 13 & 14 June 2015      |
| Weekend Two:   | 22 & 23 August 2015    |
| Weekend Three: | 12 & 13 September 2015 |
| Weekend Four:  | 10 & 11 October 2015   |
| Weekend Five:  | 7 & 8 November 2015    |
| Weekend Six:   | 20 & 21 February 2016  |
| Weekend Seven: | 19 & 20 March 2016     |
| Weekend Eight: | 16 & 17 April 2016     |
| Weekend Nine:  | 21 & 22 May 2016       |
| Weekend Ten:   | 25 & 26 June 2016      |

## COSTS:

### Practitioner

Full \$4,400

Early bird \$4,000 due by 29th May 2015

### Student

Full \$4,000

Early bird \$3,800 due by 29th May 2015

(Payment plan available)

## VENUE:

The Australian Shiatsu College  
103 Evans Street Brunswick, Melbourne

To enrol please contact the college:

Phone (03) 9387-1161

Email [info@australianshiatsucollege.com.au](mailto:info@australianshiatsucollege.com.au)

Website [www.australianshiatsucollege.com.au](http://www.australianshiatsucollege.com.au)

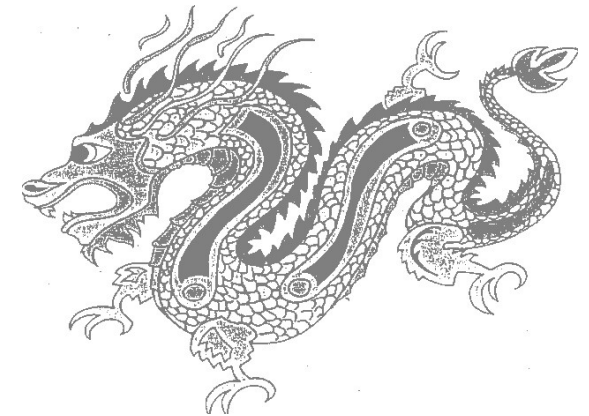
Reading recommendations and equipment list will be made available to course applicants



## *Certificate Course in Dr. Manaka's Protocols*

Melbourne  
2015 - 2016

presented by  
**PAUL MOVSESSIAN**



in conjunction with  
The Australian Shiatsu College,  
China Books and Helio Supplies

## The Program

The Certificate Course in Dr. Manaka's Acupuncture Protocols has been taught in Australia since 1998 and in June 2015 Paul Movsessian will be teaching the final Manaka Course in Melbourne. This will be a unique opportunity to take part and study this vast body of work.

The course will be presented in ten weekends over twelve months. It is primarily designed as a post-graduate program for graduates and students from accredited acupuncture programs. However, it is also open and relevant to students with approved Diplomas in Oriental Therapies, and will develop all practitioners in their clinical practice.

This course will present the theory and practice of Dr. Yoshio Manaka's acupuncture treatment strategies and a foundation in Classical Meridian Therapy. The steps within the Protocols will lead the practitioner to tailor treatment to the individual's experience and preferences.

The main feature of Manaka's protocols is the ability to treat the constitution of each patient regardless of the complexity of symptoms presented.

The aim of the course is to provide a hands-on, skill-based training, coupled with a classical theoretical foundation for the application of acupuncture in a modern setting. Emphasis will be placed on introducing a variety of Japanese techniques, highly refined by some of Japan's greatest practitioners. Clinical skills using a palpation-based approach of the pulses and abdomen will be taught with extensive supervised practice of the students.

**Who was Dr. Yoshio Manaka?** Yoshio Manaka was born in 1911 in Odawara, Japan. He graduated from Kyoto Imperial University Medical School serving as an army surgeon during the war. It was here he started to really explore the concepts of East Asian Medicine and develop the prototype for the Ion Pumping Cords in order to treat burn victims of the bombings. He went on after the war to devote his life to bridging the gap between Western science and Eastern medicine. His career As well s having one of the busiest and most successful clinics in Japan, he had an international career lecturing around the world; presenting papers; publishing essays and books as well as being involved in numerous research projects. One of Manaka's greatest contributions to acupuncture was his development of the X-Signal System model and its relationship to meridian treatment. Based on a thorough understanding of the Chinese classics while using modern polarity devices such as the Ion Pumping Cords, he spent his latter years, verifying and clinically testing his theory, to provide an effective set of treatment protocols. He passed away on 20 November 1989.

## What you can expect

This course is designed to fill in many missing aspects to an acupuncturist's training as well as enhance what they already know. Each weekend is filled with volumes of inspiration that reawakens the initial reason we came to study Oriental Medicine.

The course aims to provide training in the use of a number of additional treatment devices such as ion pumping cords and electrostatic tools, while further cultivating skills in areas including pulse diagnosis, hara palpation, and moxibustion.

Supervised clinical training is at the core of the course, and it is expected that students will develop many new skills and enhance previous training. Theory is wonderful but if it is not clinically relevant or able to be demonstrated immediately, it serves no purpose other than being speculation.

## Learning Outcomes

This course will provide you with the theory and skills to apply Dr. Manaka's Five Step Treatment Protocol. You will also be introduced to many unique Japanese style acupuncture techniques as well as Dr. Manaka's Polarity Devices.

The intended outcome of the training will be that you will acquire a vastly enhanced repertoire of treatment tools, strategies and skills that will be immediately applicable and effective in your clinical practice.

## Themes and Topics

This course will provide you with the theory and skills to apply:

- Hara (abdominal) palpation and diagnosis
- Six Position Comparative Pulse taking methods
- Dr. Manaka's Five Step Treatment Protocol
- How to diagnose which Extraordinary Vessel is the constitutional imbalance
- Differential diagnosis between the Master and Couple points.
- A broad base of alternatives to adjust the five step protocol in accordance with the Blood Stasis Model and Prognosis, treating difficult and stubborn patterns, as well as patients who are highly over-sensitive.
- Dr. Manaka's Polarity Devices
- A variety of Polarity tools that take advantage of the Eight Extraordinary Vessels, Chinese Clock and Internal Channel relationships.
- Working with Nan Jing 69 and Five Phase Keiraku Chiryō - Japanese Meridian Therapy.
- Subcutaneous Needling within Nogier's Auricular system, Akabane's body points and Tae Woo Yoo's Hand acupuncture points.
- Direct moxa methods of Sawada and the application of many moxa methods within other treatment strategies.
- Dr. Hashimoto's Sôtai methods of body alignment to adjust structural impediments.
- Specific symptom control methods as well as non-pattern roots treatments.
- Whiplash treatments
- Liver/Hepatitis treatments
- Burn and Pain management
- Micro-bleeding methods
- Japanese Cupping formulas
- Five Phase Colour Therapy, Qi Gong Sound Therapy as well as a modified Fire Needle technique.
- A clinical application of the 10 day and 60 day open points, as well as Daily Channel Biorhythms.
- Home Recommendations/Lifestyle Regulation.