



High risk pregnancy
A one-day course

*for Massage Therapists & Shiatsu
Practitioners who have previously
completed one of Suzanne's Courses*

Melbourne 2012
presented by
Suzanne Yates (UK)
in conjunction with
The Australian Shiatsu College



Overview:

COURSE CONTENT:

Topics to be covered-

- Pre-eclampsia
- Gestational diabetes
- Placental issues
- High levels of amniotic fluid
- Discussion of case histories
- Practical techniques review of bodywork techniques and exercises

READING and EQUIPMENT:

Reading recommendations and equipment list will be made available to course applicants

DATES: 10th September 2012

Monday 10th Sep 9.00am-5.30pm

COSTS:

Full price \$200.00
(to be paid in full by 23rd August 2012)

Discounted price \$180.00
(EARLYBIRD PRICE and for those who have previously completed any of Suzanne's courses previously —to be paid in full by 6/7/2012)

Deposit of \$100 due by 31st May 2012 to secure your place

VENUE :

The Australian Shiatsu College
103 Evans Street Brunswick, Melbourne

To enrol please make your deposit to The Australian Shiatsu College by cheque or direct debit and fill out and return the enrolment form enclosed, mailing to:

The Australian Shiatsu College
103 Evans Street Brunswick VIC 3056

Phone (03) 9387-1161

Email info@australianshiatsucollege.com.au

Website www.australianshiatsucollege.com.au

For further course detail visit www.wellmother.org

Course Instructor - Suzanne Yates

Suzanne Yates BA(Hons), Dip HSEC, MRSS (T), APNT, PGCE began studying massage in 1982 and shiatsu in 1984, completing the three year professional training with Sonia Moriceau in 1988 and assisting her between 1989 and 1993. In 1990, went to Boston, USA to train as an instructor in ante/post-natal exercise with Elizabeth Noble and established "Well Mother" to support the wisdom of women and their partners with shiatsu, massage, exercise, breathwork, relaxation and discussion. She has run weekly classes and workshops for parents ever since. Suzanne runs various courses for midwives and shiatsu and massage practitioners in the UK and world-wide. Her first book "Shiatsu for Midwives" was published in July 2003 by Elsevier Science. Suzanne is a registered teacher and practitioner with the Shiatsu Society and holds the APNT qualification in therapeutic massage. For more information on shiatsu and midwifery you can view articles on Suzanne's website. She is also author of "Shiatsu for Midwives," and a "Beautiful Birth" and most recently published "Pregnancy & Childbirth : an holistic approach to massage and bodywork", all available from her website: www.wellmother.org

