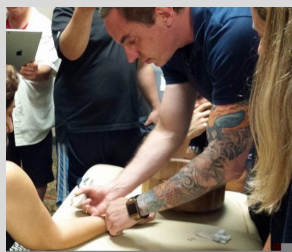


ABOUT RICHARD HAZEL

Richard Hazel uses a unique style of acupuncture that relies heavily on knowledge of neurology and



sports medicine. He was one of very few people to learn Motor Point Acupuncture at Pacific College of Oriental Medicine in New York where he completed his Master of Science in Acupuncture, Orthopedic & Sports Medicine.

Richard has also studied Neurofunctional Acupuncture and Exstore Functional Muscle Assessment with some of the best orthopedic acupuncturists in North America and spent years studying trigger points and the treatment of myofascial pain from the works of Dr. Janet Travell and Dr. C Chan Gunn.

His unique style allows Richard to get excellent results for sports injury, sports mobility and performance, and acute and chronic pain of all kinds.

SECURE YOUR SEAT TODAY

GIVE US A CALL ON (02) 9280 1885

Or return your registration form to us at...

Email: info@chinabookssydney.com.au or

Fax: (02) 9280 1887

- SPACES ARE STRICTLY LIMITED -

REGISTRATION FORM

I WISH TO ENROL IN

SYDNEY: 11th - 13th July 2018
Venue to be confirmed
TIMES: 9:30am - 5:30pm
CPD: 19.5 points

COURSE FEES

	EARLY BIRD	REGULAR
Assoc. Member	<input type="checkbox"/> \$990	<input type="checkbox"/> \$1,100
Full Rate	<input type="checkbox"/> \$1,100	<input type="checkbox"/> \$1,200
Student Rate	<input type="checkbox"/> \$800	<input type="checkbox"/> \$990

Early bird expires 6th June 2018. Spaces are strictly limited

Student Number:.....

Prof. Association Number:.....

PERSONAL DETAILS

SURNAME.....

FIRST NAME.....

ADDRESS.....

.....

PHONE.....

EMAIL.....

PAYMENT METHOD

CREDIT CARD: VISA MASTERCARD
□□□□ □□□□ □□□□ □□□□

EXPIRY: □□ / □□

NAME ON CARD.....

SIGNATURE.....

CANCELLATIONS: Registrations cancelled up to one week prior to seminar will be refunded less 20%. We regret that refunds are not otherwise possible.

INTRODUCTION TO MOTOR POINTS

with Richard Hazel



3 DAY WORKSHOP

SYDNEY 11TH - 13TH JULY 2018

BROUGHT TO YOU BY CHINA BOOKS SYDNEY



Shop F7, Level 1, Citymark Building
683-389 George St, SYDNEY, NSW 2000

(02) 9280 1885 info@chinabookssydney.com.au

Practitioners of motor point acupuncture recognise that most pain is just a symptom of dysfunctional movement patterns or postural issues.



By finding the dysfunction and treating muscle inhibition we can restore mobility, joint range of motion and blood circulation which will decrease pain and inflammation in very few sessions.

In this 3 day workshop, we will cover the fundamentals that are essential for assessment and treatment of orthopaedic issues using motor point acupuncture. Areas of focus will be neck pain, hip/back pain, knee pain, shoulder pain and foot/ankle pain.

COURSE OUTLINE

DAY 1: Foundations

- Pioneers of Motor Point Acupuncture
- Current Research
- Sports Medicine – Crash Course
- Muscle Physiology
- Stages of Healing and Treatment Strategies (Acute, Subacute, Chronic)
- 5 types of Muscle Inhibition
- Role of Proprioception in Rehabilitation
- Janda's Three Areas of Proprioception
- Janda's Tonic and Phasic
- Janda's Upper & Lower Crossed Syndromes and Treatment Strategies
- Compensation Patterns (Valgus Knee, Foot Pronation, Gluteal Amnesia, Quad Dominance, etc) and treatment strategies
- Benefits of Motor Point Acupuncture
- Motor Points vs Trigger Points
- Motor & Trigger Point Treatment & Needling Techniques
- Non-dominant Hand Techniques
- Using Point Plus or Pointer Excel



DAYS 2 & 3:

Motor Points in the Clinic

Muscle action, pain pattern, symptoms, motor point location, non-dominant hand placement, needle technique and precautions for the following muscles:

DAY 2 - Shoulder, Back, Hip & Knee Pain

- Deltoids (anterior, posterior, medial)
- Infraspinatus
- Teres Minor
- Supraspinatus
- Serratus Anterior
- QLs
- Psoas
- TFL
- Gluteus Maximus, Medius, Minimus
- Adductor Magnus
- Adductor Longus
- Rectus Femoris
- Transverse Abdominals
- Internal Oblique

DAY 3 - Neck, Foot & Ankle Pain

- Trapezius (upper, middle, lower)
- Levator Scapula
- Medial Scalene
- Semispinalis Capitis
- SCM
- Soleus
- Gastrocnemius
- Flexor Digitorum Logus
- Tibialis Anterior
- Tibialis Posterior
- Peroneus Longus
- Extensor Digitorum Longus

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