

Why should I attend?

Pelvic pain, whether it be from endometriosis, adenomyosis, or another condition, is gaining light in the public eye and more women are looking for alternatives to Western treatment options. A recent study has shown that for 80% of women with endometriosis, pain is not prompted by the diseased tissue itself, but rather the way the tissue interacts with the nerves in the pelvis. Surgery may not be the best option for these cases¹. As acupuncturists we can offer a potential alternative, using our known pathways of nervous system interaction to benefit these patients.

Endometriosis and adenomyosis in particular are often considered complex diseases, but ones we can work with effectively through the lens of Chinese medicine with the right tools in our tool kit. In this seminar we discuss Tung's acupuncture for management of pelvic pain conditions in a way that is logical and succinct. Practitioners will leave the day with a selection of Tung's points that they can begin applying immediately in their clinical practice. We also discuss the broader implications of these points, outside of the realm of pelvic pain.

¹Source: <https://www.theguardian.com/australia-news/2021/jul/02/a-com-mon-treatment-for-endometriosis-could-actually-be-making-things-worse>

Venue: China Books Events Space
Level 2, 234 Swanston Street
Melbourne 3000

Date: 20th March 2022

Times: 9:30am - 5:30pm

CPD: 6.5 Points (Interactive)

Prices:

*EARLY BIRD SPECIAL

Professional Assoc. Member Rate: \$ 280
Student (Full time - undergraduate): \$ 230

REGULAR PRICE

Professional Assoc. Member Rate: \$ 325
Student (Full time - undergraduate): \$ 275

*Early Bird: Full payment is required 4 weeks prior

*Registrations cancelled up to one week prior to the seminar will be refunded less 20%. We regret that refunds are not otherwise possible.

Contact us to register:

CHINA BOOKS

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Tung Acupuncture for Pelvic Pain Management

PRESENTED BY

**Naomi
Jankowski**

1 DAY SEMINAR

SUNDAY 20TH MARCH 2022





Course outline:

Tung acupuncture is known for its minimal needling and powerful results. This one-day seminar introduces Tung theory and its practical application for treatment which focuses on the management of pelvic pain conditions associated with endometriosis, adenomyosis, vaginismus and vulvodynia. This session is appropriate for both the new graduate and those already familiar with the Tung system.

In this seminar we condense the concepts of Tung's acupuncture, making it immediately accessible and applicable in clinical practice. Practitioners will gain specific understanding of the use of key acupuncture points for pelvic pain conditions with a broad range of clinical applications alongside an analysis of the (TCM) patterns associated with endometriosis, adenomyosis, vaginismus and vulvodynia.

Naomi presents a step-by-step system that allows the practitioner to go from their diagnosis to the appropriate selection of points via pulse diagnosis, palpation, and consideration of pain locations, within a framework that is logical and effective.

What you will learn:

- A summarized background of Master Tung and his lineage, as well as an introduction to the basic concepts of Tung's acupuncture, such as imaging, and use of microsystems.
- An overview of Western treatment options for endometriosis, adenomyosis, vaginismus and vulvodynia.
- Pattern differentiation and acupuncture point selection.
- Discussion of factors affecting point selection, such as the location of pain, the pulse and palpation of potential acupuncture points.
- Patient management and what to aim for when working with pain conditions in clinic.
- Attendees will also have the opportunity to invite patients along and observe Naomi apply the techniques discussed at the seminar.

About Naomi:

Naomi Jankowski is an AHPRA registered acupuncturist, who has significant experience working with women with pelvic pain within an integrated clinical setting. Naomi graduated from SSNT in 2009 and is now in her 12th year of clinic practice. After graduating, she studied with Steven Clavey, and later also practiced at his clinic. For the last four years, Naomi has been working at Elgin House Women's Health, where she practices alongside gynaecologists Dr Clare Myers, Dr Kristy Fennessy and Dr Sneha Parghi, who refer their pelvic pain patients to her. This has allowed Naomi to specialize in the area and form a concrete system of treatment. Naomi prides herself on making logical decisions about acupuncture point selections that provide immediate and effective treatment.

Testimonials from past attendees:

Outstanding! Naomi manages to explain difficult concepts in a way that is easily accessible for those who are unfamiliar with this style of acupuncture. The information is clinically relevant and immediately applicable. Naomi is a pleasure to listen to.

A.R CHINESE MEDICINE PRACTITIONER

Some of the more difficult concepts to grasp were well explained through the use of detailed patient case studies. The seminar has a clear focus on clinically applicable information which immediately provides practitioners with invaluable guidance on how to treat some more challenging and complex pelvic pain cases.

M.Y, CHINESE MEDICINE PRACTITIONER

