## **Registration Form**

#### I WISH TO ENROL IN:

- SYDNEY: 20th 22nd January 2018
  - MELBOURNE: 2nd 4th February 2018

\* For Sydney enrolments: Please contact China Books Sydney

\* For Melbourne enrolments: Please contact China Books Melbourne

Student No.:
Prof. Association No.:
PERSONAL DETAILS
SURNAME:
FIRST NAME:
ADDRESS:
PHONE:
EMAIL:
PAYMENT METHOD
Credit Card: VISA or MASTERCARD
Expiry: /
Amount payable: \$
Name on card:
Signature:

Cheque (made payable to CHINA BOOKS P/L)

Venue

<u>MELBOURNE</u>: Southern School of Natural Therapies

25 Victoria Street, Fitzroy VIC 3065

SYDNEY: TBA

**Times:** 9:30am - 5:30pm

CPD: 19.5 Points

### **Prices**

\*EARLY BIRD SPECIAL

Professional Association Member Rate: \$745 Full Rate: \$795 Student (Full time - undergraduate): \$645

**REGULAR PRICE** 

Professional Association Member Rate: \$845 Full Rate: \$895 Student (Full time - undergraduate): \$745

## Contact Us

#### **CHINA BOOKS**

Level 2, 234 Swanston St, Melbourne VIC 3000

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E-mail: info@chinabooks.com.au

www.chinabooks.com.au

#### CHINA BOOKS SYDNEY

Shop F7, Level 1, 683-689 George St, Sydney NSW 2000

Phone: (02) 9280-1885

E-mail: info@ChinaBooksSydney.com.au



Cosmetic Acupuncture: A TCM Approach to Cosmetic and Dermatological Problems



Presented by
Dr. Radha Thambirajah

SYDNEY: 20TH - 22ND JANUARY 2018 MELBOURNE: 2ND - 4TH FEBRUARY 2018

<sup>\*</sup> Early Bird: Full payment is required 4 weeks prior

<sup>\*</sup> Registrations cancelled up to one week prior to the seminar will be refunded less 20%. We regret that refunds are not otherwise possible.

# Cosmetic Acupuncture is primarily about health – not about beauty

The skin reflects what is going on within and is subjected to our daily dietary and lifestyle choices. Beauty comes from within, but it can also be enhanced by many artificial and invasive methods from outside. However, lasting healthy skin can only be a manifestation of good health and a tranquil mind.

This course aims to discuss the theory and practice of balancing energetic states of the body and mind, in order to treat problems of skin, the connective tissue that adhere the skin firmly to the muscle, muscle sagging and postural problems relating to ageing – and how to correct them.

# **Course Outline**

A deep understanding of the skin is essential when practicing Cosmetic Acupuncture and Acupuncture for Dermatological Diseases. Practitioners will learn about the skin pathology and skin related conditions and will have plenty of opportunities for technique practice under Radha's guidance.

Partipants will learn three protocols of practice for each therapy:

- 1. Body acupuncture for balancing energies to correct the cause of the problem
- 2. Local treatment on areas of sagging/wrinkling/pigmentation/cellulite etc.
- 3. Advising the patient on diet and life style in order to stabilise the effects achieved

#### What You Will Learn:

- 1. Theory: The Skin
- 2. Skin Types
- 3. Skin Diseases: Diagnosis and Treatment
- 4. Cosmetic Acupuncture:
  - Face & chin sculpting
  - Saggy Skin (improving muscle tone)
  - Fine wrinkle needling
  - Deep wrinkle needling
  - •Wrinkle treatment (with gua sha massage, plum blossom tapping & posture corrections)
  - Odema of eyelids, face and extremities
  - Dark rings around eyes
  - Cellulite treatment
  - Abdomenal lifting
  - Obesity and weight reduction
  - 13 Point protocol for weight loss
  - Hair loss
- 5. Dermatology:
  - Acne
- EczemaPsoriasis
- Hair loss
- Vitiligo
- Keloids

- HerpesBells Palsy
  - ev.
- Excessive sweating

- 6. Acupuncture protocols (local needling techniques & energy balancing methods)
- 7. Special needling techniques (plum blossom tapping, cupping, blood letting, electrical needle stimulation, laser etc.)

# **About Radha**

Dr. Radha Thambirajah graduated from Shanghai Medical College in 1970.



She studied Medicine and specialised in Acupuncture.
She established her successful practice upon returning to Sri Lanka and founded the Academy of Chinese Acupuncture in 1980.

In 1984, Dr. Thambirajah moved to England and then later opened the Academy of Chinese Acupuncture in Berlin, and which has trained over 9000 students worldwide.

With a wealth of experience in teaching, Dr. Thambirajah has trained doctors and health professionals all over the world. She has been invited as a guest lecturer at a variety of conferences in Germany, Switzerland, Greece, Poland, Barcelona, Italy and Sao Paulo.

Currently, she practices in Sutton Coldfield, West Midlands.

Dr. Thambiraja is the author of "Cosmetic Acupuncture and Dermatological Diseases (2ed)" and "Energetics in Acupuncture".

