

Why should I do this course?

This is a Certification Course

Upon completion of the course you will be issued with a certificate from the *International Cosmetic Acupuncture Association*. As it is a certification course participants are required to sit an examination at the end of the course.

50% Theory and 50% Practical!

Participants will have the opportunity to gain plenty of hands-on experience under the close guidance of Radha.

On completion of this course, you will feel confident to apply the skills you learn in clinical practice.

Testimonial from a previous seminar attendee

"I loved Radha's seminar. It was the most practical seminar I have attended in years and I have brought home with me a skillset I feel I can utilise - that's pretty clever after only 3 days learning." NR

CHINA BOOKS

Level 2, 234 Swanston St, Melbourne VIC 3000
Phone: (03) 9663-8822
E-mail: info@chinabooks.com.au
www.chinabooks.com.au

CHINA BOOKS SYDNEY

Shop F7, Level 1, 683-689 George St, Sydney NSW 2000
Phone: (02) 9280-1885
E-mail: info@ChinaBookSydney.com.au
www.ChineseMedicineEducation.com

Venue

MELBOURNE: Centre of Adult Education
253 Flinders Lane (Corner of
Degraves Street)
4th Floor
Melbourne VIC 3000

SYDNEY: TBA

Times: 9:30am - 5:30pm

CPD: 19.5 Points (Foundation)
13 points (Advanced)

Prices

*EARLY BIRD SPECIAL

FOUNDATION

Professional Association Member Rate: \$880
Full Rate: \$950
Student (Full time - undergraduate): \$750

ADVANCED

Professional Association Member Rate: \$595
Full Rate: \$645
Student (Full time - undergraduate): \$495

REGULAR PRICE

FOUNDATION

Professional Association Member Rate: \$990
Full Rate: \$1100
Student (Full time - undergraduate): \$800

ADVANCED

Professional Association Member Rate: \$695
Full Rate: \$795
Student (Full time - undergraduate): \$595

Full 5-Day Course Special Price \$1250
****Save \$225****

* Early Bird: Full payment is required 4 weeks prior

* Registrations cancelled up to one week prior to the seminar will be refunded less 20%. We regret that refunds are not otherwise possible.

Email to register and secure your spot!!

This course is limited in numbers.

info@chinabooks.com.au (Melbourne)

info@ChinaBooksSydney.com.au (Sydney)



Cosmetic Acupuncture and Dermatology

A 5-Day Certification Course



Presented by
Dr. Radha Thambirajah

SYDNEY:

31ST JANUARY- 2ND FEB 2020 (FOUNDATION)
3RD-4TH FEBRUARY 2020 (ADVANCED)

MELBOURNE:

10TH -12TH FEBRUARY 2020 (FOUNDATION)
13TH - 14TH FEBRUARY 2020 (ADVANCED)

Course Outline - *Foundation level*

The course aims to discuss the theory and practice of balancing energetic states of the body and mind, in order to treat problems of skin, the connective tissue that adhere the skin firmly to the muscle, muscle sagging and postural problems relating to ageing – and how to correct them.

What You Will Learn:

Yin, Yang, Blood and Qi of the skin, connective tissues, muscles and how we can influence the well being of these tissues.

Acupuncture points (general and specific) for dermatological problems.

Special techniques including bleeding, local needling, moxibustion, plum-blossom tapping and electrical stimulation, gua sha and cupping.

Diagnosis and Treatment of specific skin conditions including:

Cosmetic Acupuncture:

- Face lifting and sagging skin
- Fine and deep wrinkle treatment
- Cellulite treatment
- Posture correction

Dermatology:

- Acne Vulgaris
- Eczema
- Psoriasis
- Alopecia
- Pigmentation (Vitiligo, hyperpigmentation, age spots)
- Excessive sweating

Course Outline - *Advanced Level*

This seminar is for participants who have completed the Dermatology and Cosmetic Basic Course. It takes you to a higher level of theory and practice, and helps you with problems you have encountered during practice.

What You Will Learn:

Acupuncture points (general and specific) for dermatological problems.

Further develop your needling and special technique skills learnt in the basic course, in particular Gua Sha, cupping, Plum-Blossom tapping and needling technique for face lifting.

Diagnosis and Treatment of specific skin conditions including:

Cosmetic Acupuncture:

- Five element facial types – their common problems and treatment
- Triple Warmer facial types – their peculiarities and treatment
- Breast Changes (lifting, enlarging, reduction)
- Deep wrinkle treatment
- 13 Point protocol for slimming
- Varicose and telangiectasia veins
- Spider veins and capillaries

Dermatology:

- Severe dry skin
- Unexplained itching
- Warts – plantar warts, warts on the dorsum and palmar of hands
- Urticaria
- Fungal infections

About Radha

Dr. Radha Thambirajah graduated from Shanghai Medical College in 1970.



She studied Medicine and specialised in Acupuncture. She established her successful practice upon returning to Sri Lanka and founded the Academy of Chinese Acupuncture in 1980.

In 1984, Dr. Thambirajah moved to England and then later opened the Academy of Chinese Acupuncture in Berlin, which has trained over 9000 students worldwide.

With a wealth of experience in teaching, Dr. Thambirajah has trained doctors and health professionals all over the world.

Currently, she practices in Sutton Coldfield, West Midlands, England.

She is the author of “Cosmetic Acupuncture and Dermatological Diseases (2ed)” and “Energetics in Acupuncture (2ed)”.

